

La Participación y la Actuación de la Mujer en el Deporte de Alto rendimiento en Venezuela. Caso Estado Aragua

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Resumen

El presente trabajo tiene como propósito estudiar y determinar el nivel y la dinámica de la participación y la actuación de la mujer en el deporte de alto rendimiento en Venezuela – Caso Estado Aragua como conjunto representativo de la población deportiva venezolana. La importancia de la investigación radica no sólo en conocer y analizar cuáles son las tendencias que caracterizan la participación de la mujer aragüeña en el deporte, sino darle una fundamentación teórica a un problema práctico que le atañe al deporte venezolano. La investigación se fundamenta en las bases teóricas, filosóficas, conceptuales y legales del deporte como medio de la Educación Física. En el aspecto metodológico es una investigación documental de tipo descriptiva, con un importante apoyo testimonial que incluye, información obtenida de la revisión bibliográfica y datos divulgados por medios impresos y/o audiovisuales de comunicación. Para la recolección de la información, relacionada con la situación deportiva de la mujer en el estado Aragua, se seleccionó la técnica de la entrevista y la misma se aplicó a seis (6) destacadas mujeres del deporte nacional en sus diferentes roles como atletas, entrenadoras, dirigentes y juezas y se diseñó un cuestionario el cual fue aplicado a una muestra de 40 personas que representaron el 100% de la población del estudio. Se observó que el porcentaje de participación femenina en el deporte de alto rendimiento es inferior que el de la participación masculina, no así la actuación femenina que supera la actuación masculina. En cuanto al análisis e interpretación de los resultados obtenidos de la investigación se utilizó una escala nominal y se emplearon los datos con gráficos de barra y circular. Esta fase permitió enlazar los datos cualitativos y cuantitativos con los hechos más significativos del estudio. De esta manera se espera que este trabajo contribuya como importante fuente de información ya que no existe hasta la fecha ninguna investigación similar en Venezuela.

Descriptores: Participación, actuación, mujer, deporte, Aragua, Venezuela

PARTICIPATION AND PERFORMANCE OF VENEZUELAN WOMEN IN ELITE SPORT. A COMPARATIVE STUDY

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Abstract

The purpose of this study is to analyze and compare the participation and performance of women in competitive sport (elite level) in Venezuela, special emphasis is given to Aragua state as the region in which this study was initiated. The importance of this research is to know and analyze the tendencies and variables that have affected the practice of sport by women, besides it provides a theoretical framework to a practical problem in the Venezuelan sport. This study is the first one related to this topic in our country because no previous empirical research was found, moreover, no comparison was found in terms of medals obtained by men and women in three important national and international events.

The study was based on the theoretical, philosophical and legal framework of sport. The methodology was addressed as a documental descriptive research with an important testimonial support basically from the media (newspaper and videos), archival review and interviews. The selective interview technique was applied to six (6) important women in the Venezuelan sport who have had experience as athletes, judges (referees), managers and coaches. A questionnaire was also applied to 40 participants; all of them were female athletes from different sports. For the purpose of this study, the results of three important sport events were chosen: 1) Bolivarian Games (Ecuador 2001); 2) Pan-American Games (Winnipeg 1999); and 3) National Junior Sport Games (Lara 2001), this last one as the major national sport event in Venezuela.

A nominal scale was used to analyze the results and those are presented in several figures, graphs and tables. The results were analyzed in terms of: 1) variables that have influenced women participation in competitive sport and 2) the results that women have obtained in these major events in order to study the performance they have obtained in comparison with male athletes. The gold medals are the ones considered for this study. Another important element included is that in the comparison of women and men performance at the National Sport Games, data from three different states was included (Carabobo, Cojedes and Aragua).

According to this research the number of Venezuelan women who participate in competitive sport is less than men and this is clearly observed in the statistics; the variables are related with sociocultural (stereotypes, mass media), religious, educational, technological and economical limitations. However, the performance female athletes have obtained, in the selected important sport events, is better than the ones of male athletes. Even though these results represent a case study, it is significant because it reflects a tendency not just in Aragua state, but in other two states and even more, in the Venezuelan sport. On the other hand all the data obtained provide and incredible input to continue exploring in this area specifically in the understanding of those variables that affect women participation in sport. Another conclusion of this research is that publications are needed in order to acknowledge the historical support and the influence of Venezuela women but specifically from Aragua state in the development of sport in this region. At the government level some recommendations are suggested to create programs in order to educate and motivate female participation in sport physical activities